



THE TECHNIQUE IN A NUTSHELL

So you've never tried shaking before. Here's how it's done.

1. Use a 6 1/2- to 7-foot spinning rod with a medium to medium-heavy action — not an ultralight stick. Spool up with 6- to 8-pound line. Wear polarized sunglasses.
2. For starters, rig a 6-inch straight-tail finesse worm on a 1/4-ounce jig-head with the hook exposed.
3. Cast the worm to a likely target, such as a boat dock piling, stump or rockpile in 2 to 6 feet of water. Let it sink to the bottom.
4. Reel up slack, hold the rod high and gently shake the tip. Remember, the idea is to make the worm shake and shimmy while keeping the jighead in one spot on the bottom. This will require very gentle shaking on your part, so don't overdo it! (Think of shaking the line, not the bait.)
5. Pause between shakes. When you see your line jump or feel a tap, set the hook.

As your confidence in the shaking technique grows, you may want to try it with baitcasting gear and heavier lures such as flipping jigs.

