

# VIRGINIA TECH UNIVERSITY AND WAKE FOREST UNIVERSITY 2013 FOOTBALL HELMET "STAR" RATING SYSTEM

Virginia Tech University and Wake Forest University have evaluated 18 helmets using their "STAR" Rating System. These ratings are shown below. The ratings are based on laboratory testing and on-field biomechanics testing in college games ONLY.

The Star Rating System should be used only as a guideline when selecting a helmet for practice and game use. There is little difference between top performing (5 and 4 star) helmets.

NFL players may wear any football helmet that has been approved by the National Operating Committee on Standards for Athletic Equipment (NOCSAE). If you are uncertain as to whether a particular football helmet has been approved by NOCSAE,

please call Dennis Kayser at 212-450-2755. If a football helmet is approved, it must be provided at no cost to you.

All clubs have a wide range of football helmets from leading football helmet manufacturers available for you to see and try on. Fit is very important and no helmet should be worn in a competitive situation unless it has been properly fitted by the club's Equipment Manager and is used in a way that is permissible under the Collective Bargaining Agreement.

See your club's Equipment Manager to "CHECK THE FIT" at the start of each practice and game.

## 5 STAR: BEST AVAILABLE ★★★★★



**RIDDELL  
360**



**XENITH  
X2**



**RAWLINGS  
QUANTUM  
PLUS**



**RIDDELL  
REVOLUTION  
SPEED**

## 4 STAR: VERY GOOD ★★★★



**SG  
ADULT**



**RIDDELL  
REVOLUTION**



**SCHUTT  
ION 4D**



**RAWLINGS  
QUANTUM**



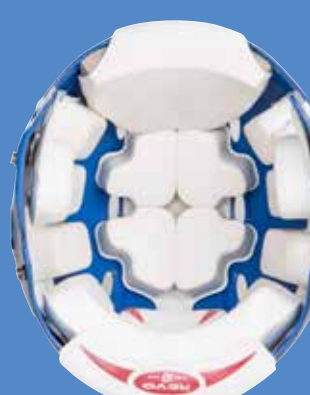
**RAWLINGS  
IMPULSE**



**SCHUTT  
VENGEANCE**



**XENITH  
X1**



**RIDDELL  
REVOLUTION  
IQ**

## 3 STAR: GOOD ★★★



**SCHUTT  
AIR XP**



**SCHUTT  
AIR  
ULTRALITE**



**SCHUTT  
DNA PRO PLUS**

## 2 STAR: ADEQUATE ★★



**SCHUTT  
AIR  
ADVANTAGE**

## 1 STAR: MARGINAL ★



**RIDDELL  
VSR4**