

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>March 2001 M.S.</i>						
4	5	6	7	8	9	10
5	6	7	8	9	10	11
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18	19	20	21	22	23	24
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23	24	25	26	27	28	29
24	25	26	27	28	29	30
25	26	27	28	29	30	31
26	27	28	29	30	31	

FEBRUARY 2001

APRIL 2001

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SUNDAY

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MARCH 2001

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23	24	25	26	27	28	29	30	31			

MAY 2001

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1 2 3 4 5 6 7 8 9 10 11 12

13 14 15 16 17 18 19

20 21 22 23 24 25 26

April  
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May

3.5

2001

M. J. - PROTEIN  $\approx$  MORE PROTEIN

June

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
3							
C - 15							
G - DIAL UP							
G - TO 8							
4							
I - $\frac{3}{4}$ UNITS							
1/4 PACKET							
G - 8							
5							
I - $\frac{3}{4}$							
PACKET							
G - 8							
6							
E							
T - 3							
G - 15							
7							
I - 3							
PAUL UP TO							
G - 15							
8							
9							
PALO							
AUTO							
I - 3							
C - AFTER							
G - MEET							
10							
11							
I - 3							
G - 8							
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I - 3							
G - 8							
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TRIALS							
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AFTER							
C							
G - 8							
MEET							
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July

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